



CURRICULUM VITAE

COVER LETTER

PERSONAL BRAND

CAREER CONTINUATION



SPOUSECAREER
COACHING PROGRAM

Dutch Cultural Awareness & Dimensions
Job and Labour Market Analysis
Job Interview Techniques



EXPATCOMPANY.NL



SPOUSECAREER
COACHING PROGRAM

CAREER CONTINUATION



PART I

PERSONAL BRAND

C.V. TECHNIQUES

COVER LETTER WRITING

PART II

JOB SEARCH PROFILE

LABOUR MARKET RESEARCH

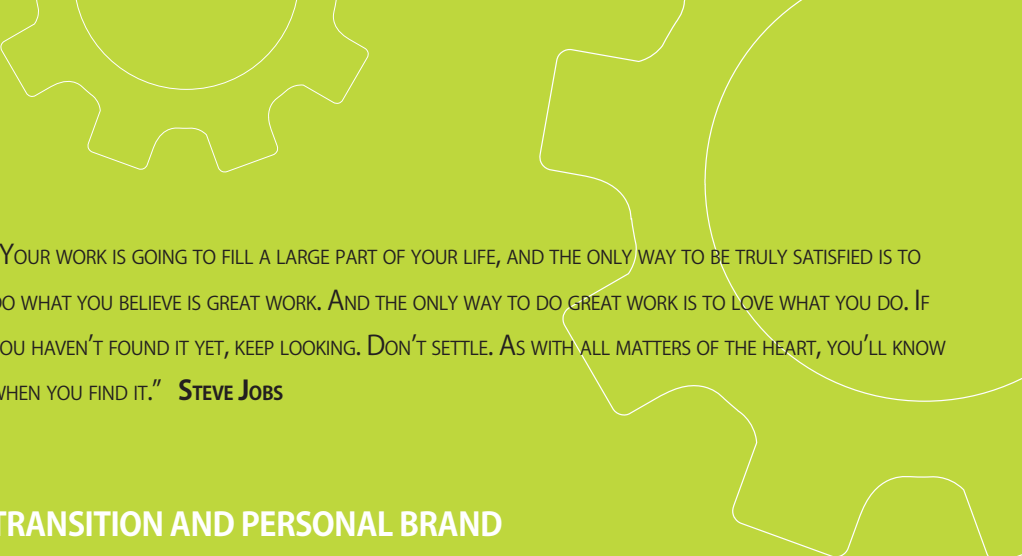
JOB OPPORTUNITIES AND ANALYSIS

PART III

DUTCH CULTURAL AWARENESS AND DIMENSIONS

MOCK INTERVIEW

**THREE CAREER COACHING SESSIONS
+ 4 MONTHS FOLLOW-UP**




“YOUR WORK IS GOING TO FILL A LARGE PART OF YOUR LIFE, AND THE ONLY WAY TO BE TRULY SATISFIED IS TO DO WHAT YOU BELIEVE IS GREAT WORK. AND THE ONLY WAY TO DO GREAT WORK IS TO LOVE WHAT YOU DO. IF YOU HAVEN’T FOUND IT YET, KEEP LOOKING. DON’T SETTLE. AS WITH ALL MATTERS OF THE HEART, YOU’LL KNOW WHEN YOU FIND IT.” **STEVE JOBS**

TRANSITION AND PERSONAL BRAND

TRANSITION IS THE INNER PSYCHOLOGICAL PROCESS PEOPLE GO THROUGH TO COME TO TERMS WITH THE NEW SITUATION, AS THEY LET GO OF THE WAY THINGS USED TO BE AND REORIENT THEMSELVES TO THE WAY THAT THINGS ARE NOW (BRIDGES). BY ALIGNING ONE’S INTERNAL SELF-CONCEPT IT CAN POSITIVELY INFLUENCE ONE’S BEHAVIOUR AND DECISION MAKING PROCESS AND FACILITATE A POSITIVE CAREER CHANGE.

AS A TRAILING SPOUSE THIS CHANGE IS BOTH PERSONAL (GEOGRAPHICAL CHANGE, LANGUAGE BARRIER, CULTURE DIFFERENCES AND DIMENSIONS, HOUSING, SCHOOLING ETC.) AND PROFESSIONAL. DUE TO RELOCATING, THE CAPACITY IN WHICH ONE MAY BE ABLE TO GAIN EMPLOYMENT MAY VARY. WE THEREFORE FIND IT IMPORTANT TO FOCUS ON YOUR PERSONAL BRAND.

A CAREER PATH CONTINUOUSLY EVOLVES THROUGHOUT ONE’S LIFE BASED ON VARIOUS INTERNAL AND EXTERNAL SITUATIONS. THROUGHOUT THESE EXPERIENCES YOUR PERSONAL BRAND IS DEVELOPING. PERSONAL BRAND IS BASED ON YOUR TALENTS, ABILITIES AND BASIC VALUES WHICH HELP DEFINE YOUR CAREER PATH.



"ALL GREAT CHANGES ARE PRECEDED BY CHAOS."

DEEPAK CHOPRA

CAREER CONTINUATION

IN DEALING WITH CAREER CONTINUATION THE EXPAT COMPANY FOCUSSES ON TRANSLATING YOUR INTERNATIONAL STRENGTHS, VALUES AND ABILITIES INTO JOB OPPORTUNITIES AND CURRENT JOB VACANCIES BY RESEARCHING LABOUR MARKET AND JOB OPPORTUNITIES THAT FULFIL YOUR PERSONAL AND PROFESSIONAL REQUIREMENTS AND INTERESTS. TO CREATE THE BEST PRESENTATION OF YOURSELF, AN INTERNATIONAL C.V. IS TAILORED IN ACCORDANCE TO THE DUTCH STANDARDS AND EXPECTATIONS. AFTER ALL, WE ONLY GET ONE CHANCE AT A FIRST IMPRESSION.

WE PROVIDE INSIGHTS AND RESEARCH MATERIAL AND HELP SOURCE JOB POSITIONS ALONG WITH PROVIDING JOB APPLICATION AND JOB INTERVIEW ADVICE.

ALL RESEARCH OPPORTUNITIES WILL BE RECORDED IN THE JOB PROSPECT AND CONTACT LIST TEMPLATE. THE TEMPLATE PROVIDES A GOOD OVERVIEW OF ALL THE STEPS TAKEN FOR EACH PROSPECTIVE EMPLOYER AND CREATE A NETWORK DATABASE, WHICH CAN BE BENEFICIAL FOR CURRENT OR FUTURE OPPORTUNITIES.

WE PROVIDE GENERAL DUTCH EMPLOYMENT GUIDELINES ALONG WITH LABOUR MARKET RESEARCH ANALYSIS TAILORED TOWARDS YOUR CAREER PATH. WHAT, FOR EXAMPLE, ARE THE CULTURAL DIFFERENCES AN EXPAT MAY ENCOUNTER WHEN APPLYING FOR A JOB. WHAT ARE THE UNWRITTEN RULES DURING A JOB INTERVIEW PROCESS AND WHAT ARE THE ETIQUETTES. WE WILL DISCUSS THE (OFTEN UNINTENTIONAL) VERBAL AND NON-VERBAL COMMUNICATION QUEUES DURING A JOB INTERVIEW.

THE EXPAT COMPANY WILL EXPLAIN WHAT TO EXPECT, HOW TO PRESENT ONESELF, GENERAL DO'S AND DON'TS, LOCAL PRACTICES, ATTIRE, AND PRESENTING ONESELF WHEN CONDUCTING A JOB INTERVIEW. TO PREPARE ACCORDINGLY A MOCK INTERVIEW, A PRACTICE INTERVIEW, IS HELD.

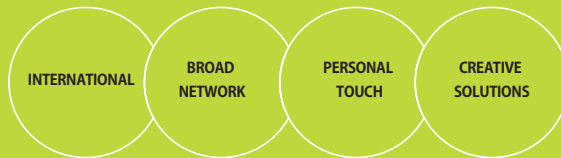
"YOU'RE BRAVER THAN YOU BELIEVE, AND STRONGER THAN YOU SEEM, AND SMARTER THAN YOU THINK."

A.A. MILNE

FOLLOW-UP SUPPORT

AFTER THE THREE CAREER SESSIONS 4 MONTHS OF FOLLOW-UP SUPPORT IS PROVIDED. DURING THE 4 MONTHS 4 CONTACT MOMENTS ARE IMBEDDED.

WHY THE EXPAT COMPANY



- "I FOUND THE ADVICE THAT CAROLINE GAVE ME ON PRESENTING MY CV FOR A DUTCH AUDIENCE EXTREMELY USEFUL. SHE PROVIDED SOME VERY PRACTICAL AND APPPOSITE SUGGESTIONS ON SELF-PRESENTATION AND PREPARATION FOR MY INTERVIEWS. I WOULD ASCRIBE MY SUCCESS IN SECURING A TEACHING POSITION IN LARGE PART TO THE SUPPORT AND ENCOURAGEMENT THAT I RECEIVED FROM CAROLINE AND THE EXPAT COMPANY"

OLIVER P.

- "I AM SO GRATEFUL TO BE PART OF THE SPOUSE CAREER COACHING PROGRAM. AT THE SAME TIME, I CERTAINLY APPRECIATE SHARING YOUR INSIGHTS, EXPERIENCE AND KNOWLEDGE TO FIND A JOB IN THE NETHERLANDS"

SOFIJA V.



CAROLINE HULSHOFF

I HAVE A MASTER'S DEGREE IN PSYCHOLOGY ALONG WITH HR AND CAREER COACHING CERTIFICATION. I MYSELF LIVED ABROAD AS BOTH A CHILD AND ADULT AND HAVE RETURNED TO THE NETHERLANDS ABOUT A YEAR AGO AFTER LIVING ABROAD FOR NEARLY 10 YEARS.

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